

Northern Enlightenment

Aberdeenshire Clinical Hypnotherapy
& Modern Energy Therapy [MET]



Positive EFT



By increasing the energy flow on what we want in life, we start to unlock our own future in new and exciting ways.

This is both a fantastic and fun “Introduction to Energy EFT” course for beginners, as well as being essential for existing practitioners looking for experience working with positive setup statements.

By focusing our energy system on what we want more of in the future, we begin to unlock our own potential, banish negative thought patterns and live happier healthier lives. Positive EFT is also highly effective in helping people identify attitudes and behaviours needed to function at full potential.

Positive EFT – is not only for the therapist. It can be a very useful “add-on” to a person’s business with unlimited potential for the taking. With this one day course, you can become a proud positive EFT Facilitator .YOU can work with teams and groups helping them to access their qualities required to meet their goals.

The course is an amazing antidote to depression, stress, impatience, indecision, confusion, and helplessness. IMPROVE YOUR X FACTOR AND START TO SHINE!!!!

Content On this 1 day course you will learn:

- 1. How much better you can feel and how quickly that can happen**
- 2. How to use positive EFT to change your mind and think new thoughts**
- 3. How you can convert problems into solutions and learn a whole new thinking**

4. How you can use Positive EFT for goal setting and future success
5. How you can use your own energy levels easily and powerfully when you choose..
- 6 How to change your thinking from looking for problems and “roots” to finding solutions

As an established Energy EFT Professional practitioner you will learn:

1. How to encourage your clients up the positive wing of the SUE scale and get faster, more powerful healing events in your sessions.
2. How you can use the “power of positives” to prepare clients for working with trauma
3. How you can use positives with past aspects and future aspects to heal the energy system
4. How to use positives with children, groups, families and teams.
5. How you can use positive EFT as a starting point and introduction to EFT

Come along and find out for yourself what real, modern Positive EFT can do for you.

Fee includes Attendance Facilitator/Introduction certificate + Positive EFT Book + 1 year standard membership to the GOE of which there are many benefits.

For Professional Practitioners there will be an extension to your current membership

No Pre-requisite for this course.

This course is available on Skype

Fee: 150 pounds sterling (discount for groups) 50 pounds deposit required

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THE GUILD OF ENERGISTS
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